

ALTONA PRIMARY SCHOOL – MONDAY, WEDNESDAY & FRIDAY! Order ONLINE until 8.30am on the DAY LUNCH IS REQUIRED INGREDIENTS, ALLERGEN INFO ETC ARE ON 'OUR MENU' PAGE OF WEBSITE

LUNCH ITEM ONE

SALADS

Greek Style Salad with Feta and Olives (V, GF)
Pic(k)nic Box – Vegetarian (V, GF)
Pic(k)nic Box with Ham (GF)
Pic(k)nic Box with a Whole Egg (GF)
Mexican Inspired Salad (V, GF)
Tuna Mix with Brown Rice & Quinoa Cakes (V, GF)
Main course of Fresh Fruit Salad (V,GF)

SUSHI

Teriyaki Chicken Hand Rolls (2)
Cooked Tuna Hand Rolls (2)
Avocado Hand Rolls (2)
Cucumber Hand Rolls (2)
Vegetarian Hand Rolls (2)
Tofu Hand Rolls (2)

BAKERY

Cheese and Bacon Roll
Cheese and Vegemite Scroll (w/m)
SCROLL with Ham & Cheese
Semi Dried Tomato and Olive ROLL
Topped with Only Cheese Roll
GOZLEME - Lamb & Beef (H)
GOZLEME - Mushroom & Spinach (NO CHEESE) (Vegan)
GOZLEME - Spinach and Cheese (V, H)

BAKED FRESH PIZZAS

(PLEASE NOTE: Baked this morning -Served at room temp)

Margherita Pita Pizza Ham and Pineapple Pizza Slice

SANDWICHES, ROLLS & WRAPS

Turkey, Cranberry, Lettuce and Cheese Sandwich
Gluten Free Ham & Cheese Sandwich (GF)
Simple Salad Roll (V)
Cucumber & Ham Sandwich (GF)
Vegemite Sandwich (2)
Mild Salami and Salad Roll

Plain Cheese Sandwich (2)
Roast Beef, Fruit Chutney, Cheese and Lettuce Roll
Cheese and Salad Roll

Wholegrain ROLL with Cheese and Tomato
WRAP (GF, DF) Ham and Salad
Wholegrain Ham and Cheese Sandwich
Chicken MAYO and Lettuce Roll (H)
Garden Salad Wrap (GF,DF,V)

LUNCH ITEM TWO/THREE

FRESH FRUIT & VEG

Freshly chopped Strawberries with Grapes
Fresh Fruit Combo
Lightly Steamed Corn wheels & Broccoli pieces
Celery & Carrot Sticks with Sultanas
Chopped Carrot, Cucumber, Red & Yellow Capsicum
Apple pieces with Lemon Juice, Cinnamon & Brown Sugar
Sugar Snap Peas, Beans & Cherry Tomatoes
Cantaloupe & Honeydew pieces
Freshly chopped Watermelon Pieces
Edamame (Lightly Salted)

Cherry Tomatoes with Tasty Cheese & Rice Crackers Freshly chopped Orange Segments

Whole Fruit – Banana

YOGHURT/BOWLS

Dairy Farmers - Strawberry Yoghurt
Dairy Farmers - Classic Vanilla Yoghurt
Chia Bowl with Banana, Coconut & Strawberries
Stewed Rhubarb & Apple with Custard (V)
Raspberry Jelly with Two Fruits (V)

BAKED GOODS

Choc Chip Cookie
Cornflake Cookie
Finger Bun with Sprinkles
Hedgehog Slice
Choc Cup Cake (GF,DF)
Blueberry Muffin
Fruit Bun
Jam Drop Biscuit (GF, NF, H)

DIPS & CRACKERS

Tzatziki Dip with Rice Crackers Avocado Dip with Rice Crackers Spring Onion Dip with Rice Crackers Spicy Capsicum Dip with Rice Crackers

POPCORN/SNACKS

Dried Fruit Medley with Yoghurt Sultanas
Popcorn - Lightly Salted
Popcorn - Slightly Sweet, Lightly Salted
Roasted Chick Peas.
Lime & Black Pepper Chick Peas
Balsamic & Sea Salt Fav'va Beans

DRINKS

Nippy's Chocolate Milk Full Cream Milk Apple Juice Orange Juice Strawberry (Lactose Free) Milk So Good Soy Milk

Healthy, Interesting & Affordable Lunches Delivered to School!

More information about Our Offering including Pricing, Ingredients and Portion Size is available on the Our Menu Page at

www.classroomcuisine.com.au