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Appendix C: Anaphylaxis How to administer an EpiPen

<b>How to administer an EpiPen or EpiPen Jnr®</b>	
<b>1</b>	Remove from plastic container.
<b>2</b>	Form a fist around EpiPen® and pull off the blue safety cap.
<b>3</b>	Place orange end against the student's outer mid-thigh (with or without clothing).
<b>4</b>	Push down hard until a click is heard or felt and hold in place for 3 seconds.
<b>5</b>	Remove EpiPen®.
<b>7</b>	Note the time you administered the EpiPen®.
<b>8</b>	The used autoinjector must be handed to the ambulance paramedics along with the time administered.

<b>How to administer an AnaPen®</b>	
<b>1</b>	Remove from box container and check the expiry date.
<b>2</b>	Remove black needle shield.
<b>3</b>	Form a fist around Anapen® and remember to have your thumb in reach of the red button, then remove grey safety cap.
<b>4</b>	Place needle end against the student's outer mid-thigh.
<b>5</b>	Press the red button with your thumb so it clicks and hold it for 3 seconds.
<b>6</b>	Replace needle shield and note the time you administered the Anapen®.
<b>7</b>	The used autoinjector must be handed to the ambulance paramedics along with the time of administration.