

# Altona Primary School Newsletter



13th October: TERM 4 WEEK 2



## Principal's Report

We have had a great start back to Term 4, despite the weather showing us every season so far. Our first fortnight has seen our Grade 5s head off on an excursion, our Preps and Grade 1s commence Swimming, Grade 3/4s immersed in their learning with an incursion and two of our sporting teams successfully winning the Divisional Championships. Along with that we had a day of Mindfulness to acknowledge World Mental Health Day. My thanks to everyone for a positive start to what is a long term ahead.

### VALUE IN FOCUS: RESILIENCE

For the next 5 weeks, our focus value is resilience. Classes will have a spotlight on this value and how it supports our learners.

Resilience at APS is:

- Having a growth mindset and never giving up
- Learning from our mistakes and moving forward
- Putting setbacks into perspective and being positive
- Focusing on the solution, not the problem



### XMAS CONCERT AND COMMUNITY EVENT

On Thursday 7th of December, we will hold an evening event at APS. This will be an opportunity for our community to get together and enjoy a night of Xmas songs performed by our students. Further details will become available through the term, but at this stage, save the date!

### HATS

There are a number of students who do not have a hat to wear outdoors. This term, no matter what the weather conditions, everyone needs to be wearing a hat when outdoors. This includes our recess and lunch breaks, along with sport sessions. If your child does not have a hat, they can be purchased from the school office.

## Dates to Remember

26th October  
District Softcrosse

27th October  
World Teachers Day

31st October  
Halloween dress up day

6th November  
Curriculum Day

7th November  
Cup Day Public Holiday

10th November  
School Skip-a-thon

21st November  
Prep Excursion

24th November  
Student Free Day

7th December  
Xmas Concert

12th December  
Grade 6 Graduation

20th December  
Last Day of Term 4  
1.30 Dismissal



## 2024 PLANNING

We have commenced the process of planning and preparing our classes for 2024. This is a very timely and considered process, with the academic, social, emotional and behavioural needs of all our students being a priority whenever decisions are made. At this stage, it is important that we know our enrolment numbers, so if you are relocating next year and have not let the school know, it would be incredibly helpful if you could advise your child's teacher or our administration team ASAP, or email this information to [altona.ps@education.vic.gov.au](mailto:altona.ps@education.vic.gov.au)

## HALLOWEEN DRESS UP DAY

Requested by our school and house captains, on the 31st of October, all students are invited to come to school dressed in the style of Halloween. On the day, our student leaders will run some Halloween themed activities during the recess and lunch breaks. It is requested that students are not sent to school with lollies or treats to distribute to others.

## HOBSONS BAY ART COMPETITION

Two of our very creative students were winners in a recent Hobsons Bay Art competition. Chiyoka (Grade 6) won the 'young person prize for 12-25 year olds' and Hannah (Grade 3) won the 'encouragement award'. It is always wonderful to see APS students succeeding in their endeavours beyond our classrooms.

*Chiyoka* aged 12, won the young person prize (12 to 25 years). The drawing/painting is of the old pier at Altona Beach at sunrise.



*Hannah* aged 9, won the encouragement award for a drawing of Altona Theatre.  
"This is where I practice my musical songs and dances. It's where musicals happen," said Hannah.



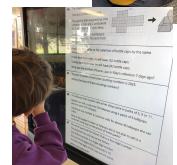
## WORLD TEACHERS DAY

Friday the 27th of October is World Teachers Day across Australia. We are incredibly fortunate at APS to have a team of teachers who are dedicated to ensuring our children thrive. Whilst we don't only acknowledge this on a dedicated day, we will take the opportunity to show our thanks on this particular day.

## ENRICHMENT AND EXTENSION

Across the year, a number of opportunities are provided to students to become involved in sessions that aim to enrich and extend their learning. This year we have been involved in the Victorian High Abilities Program (VHAP) and the Maths Olympiad.

This semester, some of our Grade 3/4s have been engaged in sessions every Friday that challenge their problem solving skills in Mathematics. Working with Mr Gilpin, a group of students are presented with problems that aim to further extend them as Mathematicians, while also encouraging collaboration and productive struggle. It is great to see some of the ways they go about solving some very complex problems.



Have a great fortnight.  
Sarah



## VALUES AWARDS WEEK 1 AND 2

### FOCUS VALUE: RESILIENCE





## MINDFULNESS DAY AT ALTONA PRIMARY SCHOOL

On Tuesday the 10th of October, APS recognised World Mental Health Day by having a day of mindfulness. Mindfulness allows people to slow down and notice how they are thinking and feeling. Classes did a range of activities including Yoga, Guided Meditation, mindful colouring and craft nature walks and games. A big thanks to Ms Sperling for all her work planning and organising the day. It was a valuable experience that taught students strategies to practice mindfulness in their own lives, while highlighting the importance of being mindful and focusing on our mental health.



## SPORTS REPORT: DIVISIONAL CHAMPIONS



Great success on the courts for our Boys Volleyball and Girls Basketball team who won the Divisional Championships in the first week of term. Both teams now go on the Regional Championships later this month. These students represented our school with great effort and sportsmanship.

VOLLEYBALL: Hudson, Dane, James, Alistair, Riley, Angus and Jack

BASKETBALL: Ella, Riley, Zali, Lara, Tannah, Charlotte, Tate, Maeve, Maria and Eloisa



## COMMUNICATION AT APS

**COMPASS:** Ongoing communication. Newsfeed items contain reminders and timely information. All payments and consent for events and activities are made through Compass.

**NEWSLETTER:** Reports what is happening and coming up at APS. Published fortnightly via Compass and the school website.

**YEAR LEVEL NEWSLETTERS:** Outlines the learning program of each year level. Published twice per term.

**SCHOOL WEBSITE:** Information about the school, parent info and whole school calendar.

**INSTAGRAM:** Visual reminders and photographic updates. Posts updated weekly.



FOLLOW US ON INSTAGRAM

@altonaPrimaryschool



ALTONAPRIMARYSCHOOL





### Term 4 Week (1-2) Highlights

Starting every morning with banana bread and Chocolate Croissants. New cereals have been introduced: Fruit Loops, and Cocoa Puffs. With a fresh term after the holidays, we have introduced some new activities and resources as we continue to update the service. A painting station has been introduced, a material table, along with morning outdoor free play during before school care. Some exciting themes have taken place such as footy week, and DreamWorks week, to celebrate our favourite sports and movie characters. We continue to design Spring décor for the service to welcome in the new season.

#### Parent Guardian Information

##### TheirCare Program

Phone: 041 912 6837

Program Email: [altona@theircare.com.au](mailto:altona@theircare.com.au)

TheirCare HQ: 1300072410

##### Program Coordinator

Dominic Frate

2IC

Yasmin Copeland

##### Program Assistants

Amanda Robinson

Lachlan Khan

Bibiana Guzman

### What's on Term 4 Week 3-4

During week 3 we will enjoy all things Spring and Halloween, and outside sports and activities to take advantage of the wonderful weather. During week 3 we will endeavour to expand our outdoor resources and games available for group and individual play. With the new painting station, we have planned for some exciting painting games and take-home Halloween crafts. Halloween is upon us and such, we will have all things spooky and ghostly in the service. Some Halloween crafts and pumpkin carving crafts, along with kid friendly Halloween movies on Fridays.

#### POLICY REMINDERS

If you need to book/cancel, please do so via fully booked 24 hours prior to avoid a \$4 fee. Send us an email, text, or pop in to let staff know if you are collecting, cancelling, or booking your child. There is a \$1/minute fee for each child that is picked up after 6:15pm. Parents/guardians must be present with child on arrival to before and after school care.



Past Week Menu	BSC	ASC
MONDAY	Waffles, Croissants, Cereal, Toast with Jam or Vegemite. Variety of milk and alternatives.	Crackers n Dip
TUESDAY	Banana Bread	Yoghurt & Berries
WEDNESDAY	Croissants	Pizza
THURSDAY	Cereal	Nachos
FRIDAY	Toast with Jam or Vegemite. Variety of milk and alternatives.	Ice Cream Cones



HOBSONS BAY

# Children's Week

21 - 29  
OCTOBER '23

Free  
Events

For children aged  
up to 12 years

- Art Classes • Science Workshops • Aboriginal Culture
- Teddy Bear Hospital • Marine Education
- Musical Adventures and much more!

[www.hobsonsbay.vic.gov.au/childrensweek](http://www.hobsonsbay.vic.gov.au/childrensweek)



Council acknowledges the Bunurong Peoples of the Kulin Nation as the traditional owners of these municipal lands, rivers and coastal areas. We recognise the First Peoples' relationship to this land and offer our respect to their Elders, past present and emerging.

**This Children's Week event is presented by Hobsons Bay City Council in partnership with the Victorian Government.**

Council is committed to being a child safe organisation and has zero tolerance for child abuse.



Education  
and Training



9932 1212  
Your Council in your language

Walk a Mile in my Shoes

# TREEHAUS OPEN DAY

Saturday 21<sup>st</sup> October 2023

Everyone of all ages welcome!  
We are opening our doors to our Ferguson st clinic!  
Bring family and friends!

Enjoy some light refreshments, drinks from the coffee van and  
find out about the mental health & wellbeing services  
TreeHaus can provide!

There will be Yoga introduction classes!  
There will also be raffle prizes for wellbeing vouchers!

## Open Day @ TreeHaus

95 Ferguson St Williamstown


Timeline 10am-2pm

- 10.15am** TreeHaus - Hear from the practitioners
- 11.15am** Free Yoga Intro class - all ages
- 1.00pm** Free Yoga Intro class - all ages
- 1.30 - 2pm** Raffle draw

- 
- 10.00 - 2pm** Open consulting rooms
  - Kids balloonist
  - Sensory gym activities

For further details check out

 [#WAMIMS](#)

 [walkamileinmyshoeswilliamstown](#)



TreeHaus  
Williamstown | Forest Hill



### SCAN QR TO DONATE

This is a walk a mile in my shoes event,  
money raised goes towards well being  
retreats in schools



SNAP PRINTING PROUDLY SUPPORTING THE EVENT



**WESTERN  
WARRIORS**

# LAWN BOWLS U18 JUNIOR

## DEVELOPMENT SQUAD

### AUSTRALIAN PATHWAY

Western Warrior

Victorian U18 Team

Victorian U25

Victoria Team

Emerging Jackaroos

Jackaroos

Australia

Commonwealth Games



Aaron Wilson Singles Gold Medallist  
GOLD COAST COMMONWEALTH GAMES  
2018 & 2022

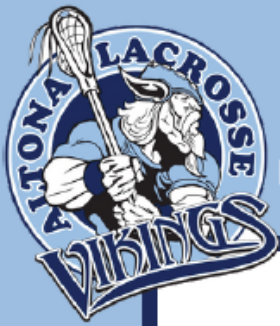
### **WESTERN WARRIORS REGISTRATION DAY AT THE ALTONA SPORTS CLUB**

- OPEN TO ALL BOWLERS UNDER 18yo IN THE METRO WEST BOWLS REGION
- NEW BOWLERS WELCOME
- FREE COACHING AVAILABLE ON THE DAY
- FREE BBQ

SUNDAY 8 OCTOBER 2023 10AM-3PM

- Skilled coaching provided • All boys and girls U18 welcome
- No prior bowling experience necessary

For further details contact Garry | Mobile: 0410 306 039 Email: [metrowestbowls@gmail.com](mailto:metrowestbowls@gmail.com)



**ALTONA LACROSSE CLUB**

**FREE**

**COME TRY  
LACROSSE**

November Sessions  
**THURSDAYS 5:30-6:30**

**FOR MORE INFO CALL  
JULIE ON 0412921041**

**OR SCAN THE  
CODE**



**SCAN ME**



# HOCKEY FOR BEGINNERS

For kids aged 5 - 17 years  
Learn the basics of hockey & play some mini games

When: Monday nights  
Time: 5.30pm - 6.30pm  
Starts: October 9th  
Ends: December 11th  
Cost: Free!

To register, please email Tiff with your (or your child's) name and age at [juniors@altonahc.org.au](mailto:juniors@altonahc.org.au).

FOR MORE INFORMATION:

ALTONAEASTSC@GMAIL.COM | ALTONAEASTSC.COM.AU



## GO GIRLS IS COMING HERE SOON!



### LOW-KEY, FUN FOOTBALL FOR GIRLS AGED 7-16!

It's designed for girls to experience, learn and practice football in an inclusive, fun, all-girl environment. No experience is necessary - this social format of the game can be played by girls with all levels of experience and all levels of fitness.



Date: Tuesday 24th October 2023  
Time: 5:30pm  
Location: Crn Ross Rd & Mills Street, Altona North 3025

## GO FIVES IS COMING HERE SOON!



### 5v5 FUN FOOTBALL, FOR GIRLS & BOYS AGED 7-13!

EACH TEAM FIELDS FIVE PLAYERS (FOUR OUTFIELD PLAYERS AND A GOALKEEPER), WITH MATCHES PLAYED ON A SMALLER PITCH, WITH SMALLER GOALS AND A SHORTER GAME DURATION. A MODIFIED, CONSTANTLY FLOWING FORMAT, WITH EXCITING, HIGH-POSSESSION FOOTBALL. GREAT FOR BEGINNERS RIGHT THROUGH TO ELITE PLAYERS



Date: Thursday 19th October 2023  
Time: 5:30pm (start times vary between age groups)  
Location: Crn Ross Rd & Mills Street, Altona North 3025



### COME AND TRY DATES Girls Born 2011/2012

On the back of a great season in 2023 for our U12s, headlined by our U12 Wallabies making the Grand Final... We are proud to announce upcoming come and try dates for any existing or potential female footballers looking to be a part of our football program for 2024.

We encourage any female that is 11 or 12 years old, who wants to come play football, have fun and be a part of a great program to come along on the below dates...

Monday 23rd October - 6pm to 7pm  
Wednesday 25th October - 6pm to 7pm  
Monday 30th October - 6pm to 7pm  
Wednesday 1st November - 6pm to 7pm



JT Gray Reserve, Kororoit Creek Rd, Williamstown  
Mobile: 0491 341 110 and Email: [secretary@bujfc.com](mailto:secretary@bujfc.com)